



Hampton Veterans Affairs Medical Center

Psychology Predoctoral Internship Program

Stephanie J. Eppinger, PhD
Director of Clinical Training
Psychology Predoctoral Internship Program

Psychology Internship Program



VA Medical Center Hampton
Director of Clinical Training (116A)
Veterans Affairs Medical Center
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Hampton, VA 23667
(757) 722-9961

<http://www.hampton.va.gov/>

GENERAL PSYCHOLOGY MATCH Number: 173111
INTEGRATED BEHAVIORAL HEALTH MATCH Number: 173112

Application Deadline: November 15

Accreditation Status

The predoctoral internship at the **VA Medical Center Hampton in the emphasis areas of General Psychology and Integrated Behavioral Health** is fully accredited by the Commission on Accreditation of the American Psychological Association. We have 3 positions in the General Psychology emphasis area and 2 positions in the Integrated Behavioral Health emphasis area.

Office of Program Consultation and Accreditation

American Psychological Association
Office of Program Consultation and Accreditation
750 First Street NE
Washington, DC 20002-4242
(202) 336-5979

The next site visit will be during the academic year 2022.

Application & Selection Procedures

Eligibility, Funding & Benefits

ELIGIBILITY REQUIREMENTS FOR ALL VA PROGRAMS

1. U.S. citizenship. VA is unable to consider applications from anyone who is not currently a U.S. citizen. Verification of citizenship is required following selection. All interns and fellows must complete a Certification of Citizenship in the United States prior to beginning VA training.
2. A male applicant born after 12/31/1959 must have registered for the draft by age 26 to be eligible for any US government employment, including selection as a paid VA trainee. Male applicants must sign a pre-appointment Certification Statement for Selective Service Registration before they can be processed into a training program. Exceptions can be granted only by the US Office of Personnel Management; exceptions are very rarely granted.
3. Interns and Fellows are subject to fingerprinting and background checks. Match result and selection decisions are contingent on passing these screens.

4. VA conducts drug screening exams on randomly selected personnel as well as new employees. Interns and Fellows are not required to be tested prior to beginning work, but once on staff they are subject to random selection for testing as are other employees.

ADDITIONAL ELIGIBILITY CRITERIA FOR INTERNSHIP

Internship applicants also must meet these criteria to be considered for any VA Psychology Internship Program::

1. Doctoral student in good standing at an APA or CPA-accredited graduate program in Clinical or Counseling psychology. Persons with a doctorate in another area of psychology who meet the APA criteria for respecialization training in Clinical or Counseling Psychology are also eligible.
2. Approved for internship status by graduate program training director.

ADDITIONAL ELIGIBILITY CRITERIA FOR VAMC HAMPTON INTERNSHIP PROGRAM

In addition to the previous mentioned eligibility criteria, applicants to the VAMC Hampton Internship Program:

1. Must have a minimum of 1200 practicum hours with a minimum of 400 practicum hours of intervention and assessment.
2. Must have completed at least 5 integrated psychological assessment batteries and have administered at least 5 WAIS-III/WAIS-IVs and/or other intellectual assessments and at least 5 MMPI-IIs, MMPI-RFs, and/or PAIs.
3. Please note that completion of all academic work including the dissertation is preferred.

Should you choose to apply, please go to the www.appic.org website and complete the online AAPI. Please make sure you have included the following materials in your online AAPI.

- Curriculum Vitae
- Graduate transcripts
- **Three** letters of recommendation
- A cover letter of interest describing your past training and career goals. **Your cover letter should also indicate to which track(s) you are applying.**
- The APPIC Application for Psychology Internship (AAPI)
- **Supplemental Material (please submit in online application in Supplemental Section): A recent psychological assessment report that includes the integration of at least 2 psychological tests and a clinical interview**

COMPLETE APPLICATIONS (to include the psychological assessment report) MUST BE SUBMITTED NO LATER THAN NOVEMBER 15.

On-site interviews are required. Interviewees will meet with the Director of Clinical Training, the Internship Training Committee, and current interns.

We notify all applicants by December 15 about the status of their application and about whether they have been selected for an interview. Interviews are in person and are conducted the first three weeks of January.

FUNDING & BENEFITS FOR VAMC HAMPTON INTERNSHIP PROGRAM

The Psychology Internship Program is funded by the Office of Academic Affiliations of the Department of Veterans Affairs Central Office as an annual, earmarked allocation to the medical center. The current annual internship stipend at VA Hampton is \$24,014. This stipend requires a full calendar year of training; our start date is in mid-August each year. VA provides health care benefits for interns as for any other VA employee. Health benefits are also available to dependents and married spouses of

interns and fellows. With the recent Supreme Court decision, health benefits are now available to legally married same-sex spouses of interns regardless of state of residency. However, unmarried partners of either sex are not eligible for health benefits. Insurance programs can be selected from a wide array of options. More information about VA stipends and benefits are available at www.psychologytraining.va.gov/benefits.asp.

Psychology Setting

The Mental Health and Behavioral Sciences (MH&BS) Service provides a full range of mental health and rehabilitative services. The Service is multidisciplinary and is composed of members of the Psychiatry, Psychology, Social Work and Nursing Services. It is affiliated with the Eastern Virginia Medical School and the Virginia Consortium Program for Professional Psychology and provides clinical training, education and research opportunities to both medical residents and students within a wide variety of theoretical and clinical modalities. The MH&BS Service providers treat a variety of male and female veterans who range in age from early 20's to 80's and have an average age of 40 years. Seventy percent (70%) are service connected and 20-30% are indigent. Sixty to 70% are of African American and Hispanic origins while the remainder are Caucasian. All major diagnostic categories are represented including mood disorder, psychosis, dissociative disorders, dementia, delirium, personality disorders and substance abuse. Over 50% of the patients seen by the clinical staff are dually diagnosed. Interventions include somatic therapies, individual psychotherapy, family meetings/therapy and various group modalities.

The psychology program of the Hampton Veterans Affairs Medical Center is an active component of the MH&BS Service Line and has 40 Ph.D./Psy.D. clinical staff, 2 post-doctoral fellows in clinical psychology (Emphasis Area: Women & Trauma), and 7 bachelor/masters level psychology technicians. Staff competencies represent a wide array of clinical and theoretical orientations including psychodynamic, cognitive-behavioral, interpersonal and supportive psychotherapies. Evidence-based psychotherapy, marital and family therapy, various group modalities, biofeedback, and EMDR are also provided as indicated.

Training Model and Program Philosophy

The mission of the Hampton Veterans Affairs Medical Center Pre-doctoral Psychology Internship Training Program is to provide a training experience that ensures quality health care for our nation's veterans and ensures that the Department of Veterans Affairs has a constant source of well-trained and qualified psychologists for future employment. The Psychology Internship Program seeks to foster the development of the requisite skills, roles and values of the professional psychologist. Acquisition of problem-solving attitudes that will enable interns to cope with situations beyond their current level of skills and knowledge and prepare them to meet new problems via innovation and research is a major training focus as well. The internship program is based on a scholar-practitioner model with an emphasis on training in the area of applied clinical practice. It is designed to train interns to function as independent, ethical, and competent professional psychologists with an emphasis on the provision of mental health services for adult medical center patients. Thus, our philosophy is to implement and promote established, reliable, valid, and efficacious treatment modalities and protocols to the greatest extent possible and to encourage actively our interns to draw upon the empirical body of literature to enhance the development of their professional skills. As scholar-practitioners, we remain abreast of current empirical findings in our chosen areas of professional practice to further our knowledge of treatment advances in order to inform clinical decisions.

Program Goals & Objectives

Goal 1: Prepare interns as skilled generalists in the provision of psychological services.

Objective 1: Intern will demonstrate general professional competencies.

Competencies Expected:

- Knowledge and application of ethical principles
- Productive use of supervision and/or consultation
- Professional interaction
- Responsibility and self-direction
- Positive coping strategies
- Maintenance of good rapport with patients
- Sensitivity to cultural and individual differences
- Use of relevant interview data

Objective 2: Intern will demonstrate competence in psychological assessment.

Competencies Expected:

- Administration of commonly used tests and measurements
- Interpretation of assessment and test data
- Writing a well-organized psychological test report

Objective 3: Intern will demonstrate competence in providing psychotherapeutic interventions.

Competencies Expected:

- Case conceptualization & diagnostics
- Formulation of appropriate treatment goals
- Presentation of well-timed, evidenced-based interventions

Objective 4: Intern will demonstrate competence in providing group therapy.

Competencies Expected:

- Facilitation of a variety of types of group treatment, ranging from psychoeducational to psychotherapy groups

Objective 5: Intern will demonstrate competence in providing professional consultation.

Competencies Expected:

- Competent professional consultation to other professionals, peers, and lay-persons

Goal 2: Prepare interns to integrate research with their clinical practice

Objective 1: Intern will demonstrate skills in integrating research into their clinical work and/or will demonstrate skills in developing and accomplishing research.

Competencies Expected:

- Appropriate use of scholarly and research-based literature
- Research/professional writing skills
- Demonstration of applying evidenced-based approaches into clinical practice

Program Structure

Description of Structure: We have 5 fully funded slots. Three of these funded slots are labeled "General Psychology" slots and provide broad training. A total of approximately 1400 hours are spent in the four required rotations. The required rotations are Inpatient Psychiatry, Outpatient Mental Health, PTSD Clinic (PCT), and the Drug Abuse Program (DAP). Two 340 hour elective rotations allow the intern to explore areas of his or her interest.

We also have two slots in our "**Integrated Behavioral Health (IBH)**" emphasis area. In the IBH Track, a total of approximately 1740 hours are spent in the required rotations. The 4 required rotations are: Chronic Pain, Primary Care Patient Aligned Care Team (PACT), Womens' PACT, and Albermarle Primary Outpatient Clinic (APOC). Interns get to choose one additional 340 hour elective rotation. Interns in our IBH emphasis area will be part of a multidisciplinary team.

173111	General Psychology (3 positions)
173112	Integrated Behavioral Health (2 positions)

Mental Health Access Clinic: All interns are required to take an active role in a Mental Health Access Clinic. The purpose of this weekly 2-hour clinical experience is four-fold:

1. To streamline the referral process of patients to Mental Health and Behavioral Science Service Line (MHBS).
2. To establish an initial clinical point of contact for patients referred to MHBS.
3. To expedite the scheduling of acute psychiatric patients.
4. To collect standardized information regarding the baseline functioning of patients referred to MHBS. Specifically to:
 - (a) Assess the presence and severity of depression in referred patients
 - (b) Assess the presence and severity of suicidal and/or homicidal ideation
 - (c) Assess the general level of symptomatology in referred patients

During this yearlong clinical assignment, interns will gain training and experience in several significant clinical and administrative areas that professional psychologists are normally expected to perform:

1. Experience in brief assessment and the appropriate triage of a varied population of psychiatric patients. Presenting symptoms include, but are not limited to, depression, anxiety, suicidality, homicidality, psychosis, dementia, traumatic stress reactions, dissociative disorders and phobias
2. Experience in the administration and interpretation of a brief clinical assessment battery
3. Experience in brief clinical interviewing and relaying feedback regarding assessment results to both patients and medical staff alike
4. Experience in consultation with other mental health providers and allied medical center staff.
5. Experience in the administration and management of a mental health sub-specialty clinic

Psychological Assessment: There is an additional requirement that all interns complete at least 10 psychological assessment batteries during the training year. A battery is defined as a clinical interview, a case file review, and at least two major psychological tests and/or measurements. Two of the assessments may be Compensation and Pension evaluations.

Supervision: Regularly scheduled supervision (4 hours per week) along with mentoring relationships is maintained throughout the course of the program. Mandatory weekly meetings with all interns and the Director of Clinical Training provide further informal training and mentoring experiences. Interns receive 2 hours of supervision on each rotation, for a total of 4 hours of supervision per week. Interns are exposed to a variety of training and supervision styles reflective of the various theoretical orientations currently employed within the field of psychology, i.e., Adlerian, client-centered, cognitive behavioral, emotion-focused, interpersonal, psychodynamic, self-psychology, and supportive therapeutic approaches.

Evaluation: To maintain good standing in the program, interns must maintain minimum levels of achievement on outcome measures. The intern is evaluated mid-rotation and at the end of the rotation using the Psychology Intern Competency Assessment Form.

Training Experiences

Rotations

Inpatient Psychiatry (Required for Trainees in General Psychology; Elective for Trainees in Integrated Behavioral Health)

This site provides specialized training in comprehensive psychodiagnostic assessment and intervention with acutely disturbed patients who require brief/short term hospitalization. The intern will have the opportunity to learn skills in interviewing, diagnosis, formulation of treatment plans, case management, and milieu and group psychotherapies. Multidisciplinary patient reviews, intake interviews, treatment planning and daily ward activities provide the intern the opportunity to interact within the entire therapeutic community.

Supervisor: Christina Hill, Ph.D.

Outpatient Mental Health (Required for Trainees in General Psychology; Elective for Trainees in Integrated Behavioral Health)

Supervision in Outpatient Mental Health is available in a wide variety of treatment modalities and theoretical orientations (e.g., psychoanalytic, psychodynamic, cognitive-behavioral, marital/family systems therapy, and specialized group therapies). Patients represent a wide range of diagnostic categories and of educational, socioeconomic and ethnic origins.

Supervisors: Courtney Podesta, Psy.D.; Jennifer Thiessen, Psy.D.; Carolyn Turnage, Ph.D.

PCT (Required for Trainees in General Psychology; Elective for Trainees in Integrated Behavioral Health)

The Post-Traumatic Stress Disorder Clinical Team (PCT) is an outpatient treatment program specifically designed to provide services to veterans diagnosed with combat and military-related Post-Traumatic Stress Disorder (PTSD). The psychology intern is expected to function as a full member of the interdisciplinary treatment team and may be assigned to co-lead skills training groups, trauma-focused groups, and interpersonal process groups. Interns will learn how to conduct trauma assessments, diagnostic interviews and formulate treatment plans.

Supervisors: John Mason, Psy.D.; Marinell Miller Mumford, Ph.D.; William Nicholson, Ph.D.; Kristie Norwood, Ph.D.; Joanne Shovlin, Psy.D.; Alexis Zornitta, Psy.D.

Drug Abuse Program (DAP) (Required for Trainees in General Psychology; Elective for Trainees in Integrated Behavioral Health)

The Drug Abuse Program (DAP) treats approximately 75 male and female veterans in an eclectic mix of therapeutic community; AA and 12-step techniques, cognitive-behavioral and spiritual interventions, and traditional psychosocial and psychiatric management approaches. The intern will be trained in the use of a semi-structured interview leading to a written diagnostic summary and will participate as a co-therapist in specialized group treatments, e.g., PTSD, anger management and sexual abuse. Time-limited individual psychotherapy and psychodiagnostic testing will also be a function of this training option. Interns will also assume an active role within the DAP Treatment Team and assist with the provision of information and on-going treatment planning.

Supervisor: Deborah Vick, Psy.D.

Chronic Pain Program (Required for Trainees in Integrated Behavioral Health)

The Behavioral Physiology Laboratory is an integral part of the Chronic Pain Treatment Program. The intern will be able to develop skills in the assessment and treatment of chronic pain, the operation of biofeedback equipment and psychophysiological stress profiling. Interns learn how psychology is integrated with other health care disciplines to work with patients who have medical diagnoses. Training opportunities include psychological testing, brief therapeutic interventions, hypnosis, and biofeedback.

Supervisor: Leonard Holmes, Ph.D.

Primary Care PACT (Required for Trainees in Integrated Behavioral Health; Elective for Trainees in General Psychology)

This team provides collaborative, co-located, evidence based care at the VAMC Hampton. This program also incorporates a Behavioral Health Lab (BHL) Hub, a cutting edge model for providing short-term, behaviorally based interventions (including care management for depression, at-risk drinking, and obesity) to primary care patients at both VAMC Hampton and VAMC Fayetteville. Interns on the Primary

Care PACT rotation provide functional assessments, triage, brief interventions, education and consultative services regarding a wide range of mental health and behavioral medicine concerns.
Supervisor: Corrine Engelbert Bolander, Psy.D.; Aaron Farley, Psy.D.; Raychul Goldenberg-Bivens, Psy.D.; Cynthia Hand, Psy.D.; Sarah Ingle, Ph.D.; Ashley Jarrett, Psy.D.; Janette Mance-Khourey, Ph.D.; Tasha Simmons, Psy.D. Marlana Webster, Psy.D.

Women's PACT (Required for Trainees in Integrated Behavioral Health)

During the Fall of 2012, the VAMC Hampton Women's Building opened on campus. This state-of-the-art facility offers an innovative approach to providing comprehensive health care to female Veterans. It provides co-located care for women Veterans where they receive primary care services, gynecological services, primary care mental health services, specialized mental health services, and sexual trauma services all in one building. Some of the functions that trainees will perform on the *Women's PACT* rotation include: participating in multidisciplinary treatment teams, delivering brief consultation-based services to Veterans, primary care providers, and the Women's PACT members, and providing short-term and long-term psychotherapy to include evidence based approaches.

Supervisor: Janette Mance-Khourey, Ph.; Marlana Webster, Psy.D.

APOC (Required for Trainees in Integrated Behavioral Health).

The *APOC* is a rural, community-based clinic in Elizabeth City, N.C. This clinic primarily serves Veterans in northeastern North Carolina with a catchment radius of about 50-100 miles. This clinic is located about 90 minutes from VAMC Hampton. Interns on this rotation will perform comprehensive evaluations and assessments to diagnose and treat psychiatric conditions and psychosocial stressors observed in a rural Veteran population, i.e., PTSD, Major Depressive conditions, substance abuse and dependence, readjustment issues, serious mental illness, family turmoil, and anger management. In addition to providing evidence-based psychotherapies as a routine part of care, the *APOC* also has a number of Telemental health courses that interns will have the opportunity to lead or co-lead.

Supervisor: Thorayya Said Giovanelli, Psy.D.

Community Living Center-CLC/Hospice Care (Elective for All Trainees)

The Community Living Center (CLC) is a 120-bed inpatient and support care unit. CLC utilizes an interdisciplinary team approach to assist patients admitted for a variety of medical, physical and cognitive conditions to attain the highest possible level of independence, health and physical functioning. Major diagnostic categories of CLC patients include dementia, complex medical disorders, cerebral vascular accidents, multiple sclerosis, Parkinson's Disease, respiratory conditions, post-surgical care (amputations and fractures), neurological conditions, diabetes, cancer, HIV and geropsychiatric conditions. The primary activities of this training option will include: brief cognitive assessment; psychological assessment; behavioral goal setting; individual, group/family therapy; patient education; staff training/consultation; and interdisciplinary team participation. The Hospice Care Program is a 10-bed hospice unit designed to provide sensitive support for veterans with advanced, progressive, incurable illness. This portion of the training experience will focus on providing treatment to veterans and their families via an interdisciplinary treatment team approach consisting of a physician, social worker, psychologist, pharmacist and various volunteer staff.

Supervisor: Tabitha Sierra, Psy.D.

Homeless Veterans Program (REHABITAT) (Elective for All Trainees)

The major focus of this 90-day residential program for homeless veterans is to assist veterans to function in a self-sufficient and independent manner. Rehabitat addresses the emotional, physical, spiritual, medical and social impairments often associated with homelessness. Ninety percent of the veterans enrolled in this multidisciplinary treatment program are dually diagnosed with psychiatric and co-morbid substance abuse diagnoses. Interns electing this highly specialized training experience will have an opportunity to conduct individual and group therapies, provide consultation and take an active role in program development and case management practices.

Supervisor: Harold Maxwell, Jr., Psy.D.

Administrative/Management Rotation (Elective for All Trainees)

This rotation will familiarize the intern with the administrative aspects of a mental health service delivery system. Experiences in the following activities will be made available: conducting audits to identify programmatic deficiencies; developing programs to meet changing patient and Medical Center needs; evaluation of practitioner performance and creating performance appraisals; developing and analyzing results of needs surveys; participating in Center-wide committees; and training/supervision of pre-doctoral practicum level students.

Supervisor: Jessica Ackermann, Psy.D.; Kathy Babel, Psy.D.; Marinell Miller Mumford, Ph.D.

Post-Traumatic Stress Disorder Clinical Team (PCT-2) (Elective for All Trainees)

This training option will build upon the intern's initial experiences gained in the required PCT rotation. Interns will receive in-depth training in objective psychometric assessment of both PTSD and co-morbid disorders and will assume the role of co-therapist in one or more long-term interpersonal process group settings. The intern will also be responsible for developing and conducting one 5-week didactic workshop in an area of personal expertise/interest.

Supervisors: John Mason, Psy.D.; Marinell Miller Mumford, Ph.D.; William Nicholson, Ph.D.; Kristie Norwood, Ph.D.; Joanne Shovlin, Psy.D.; Alexis Zornitta, Psy.D.

Sexual Trauma Treatment Team (Elective for All Trainees)

Interns can elect to focus on the treatment of the lifespan exposure to sexual trauma including child/adolescent, adult civilian and/or Military Sexual Trauma (MST). There will be opportunities for interns to engage in intake interviews, outpatient based individual psychotherapy, couples therapy (heterosexual and gay/lesbian), structured psycho-educational psychotherapy groups (Dialectical Behavior Therapy Skills Training, Cognitive Processing Therapy trauma focus groups, MST and Coping with Childhood Sexual Trauma psycho-educational groups), interpersonal process oriented psychotherapy groups and psychodiagnostic evaluation.

Supervisors: Kathy Babel, Psy.D., Stephanie Eppinger, Ph.D.

Spinal Cord Injury (Elective for All Trainees)

The 64 bed Spinal Cord Injury and Disorders Unit is the largest long-term care facility in the VA system. The intern selecting this training option will assist in providing assessment/treatment for traditional mental health issues (depression, PTSD, SMI, substance abuse; adjustment to SCI), cognitive functioning (screening and neuropsychological) and behavioral health issues such as smoking cessation, pain management, coping and compliance with complex, medical/health issues; developing treatment plans and providing input to the regular 90-day treatment plan. Interns will participate in weekly staffing, mental health rounds, interdisciplinary conferences, provide patient and staff education programs.

Supervisor: Melita Murray-Carney, Ph.D.

Domiciliary PTSD Program (Elective for All Trainees)

This training option will build upon the intern's initial experiences gained in the required PCT rotation. The major emphasis of this 60-day residential treatment program for veterans with Posttraumatic Stress Disorder is teaching acceptance-based coping strategies by means of applying Dialectical Behavior Therapy skills training as treatment for PTSD. With this training experience an intern will have an opportunity to conduct individual and group therapies, perform case management, and gain experience with a psychologist's role on a multidisciplinary treatment team in a residential setting.

Supervisor: Celena Thompson, Ph.D.

Psychosocial Rehabilitation and Recovery Center (PRRC) (Elective for All Trainees)

The PRRC is an Outpatient Transitional Community Center that operates under the premise that mental health recovery is possible for every veteran diagnosed with Serious Mental Illness (SMI). The program offers intensive, evidenced based group therapy to veterans diagnosed with SMI, to encourage mental health recovery and to assist veterans in obtaining meaningful, self-defined roles in their communities. A sample of groups currently offered includes: Social Skills Training (SST), Illness Management and Recovery (IMR), Wellness Recovery Action Planning (WRAP), Co-occurring Disorders, Multi-Family Group Therapy (MFGT), NAMI Certified Peer-Led Support Group, and interpersonal process groups.

During this rotation, an intern will have the opportunity to lead/co-lead group therapy, develop individual recovery plans, assist in community integration activities, and participate on a multidisciplinary treatment

team in an outpatient setting. Additional flexibility is available for time-limited individual therapy, psychological assessment, and development of new groups.
Supervisor: Peter Johnson, Psy.D.

The Servicing Returning Veterans Mental Health (SeRV-MH) Elective for All Trainees)

The SeRV-MH clinic addresses the specific needs of Veterans of Operation Enduring Freedom, Operation Iraqi Freedom, and Operation New Dawn (OEF/OIF/OND). A multidisciplinary approach is utilized in the SeRV-MH clinic to offer a seamless transition to civilian life for veterans who have been deployed to combat zones. Psychology interns will receive training in providing ongoing assessment of clinical treatment needs (e.g., relational, occupational, and emotional adjustment) as well as the application of evidenced-based treatments. A focus of this rotation will be treatment for combat or operational stress reactions, such as sleep problems, panic, and other anxiety related disorders. In addition, interns may have the opportunity to work with veterans diagnosed with PTSD and adjustment disorders. This elective rotation will offer the intern an opportunity to provide brief individual therapy with a primary focus on helping veterans develop skills to effectively cope with the transition to civilian life.

Interns will also be able to gain long term therapy experience with OEF/OIF/OND veterans that are participating in more extensive empirically supported treatments (e.g., CPT, ACT, PE, etc). Some opportunities for couples and family work may be available during this rotation. Interns will enhance group therapy skills by co-facilitating OEF/OIF/OND skills-based groups (e.g., Afterdeployment, Mindfulness Based Stress Reduction, etc.) and may also co-facilitate trauma focused groups for this population (e.g., Cognitive Processing Therapy, Acceptance and Commitment Therapy). As we continue to learn more about the growing needs of this population, this rotation allows interns to utilize flexibility and creativity while gaining experience with program development and evaluation.

Supervisor: John Mason, Psy.D., Kristie Norwood, Ph.D.

Requirements for Completion

To maintain good standing in the program, interns must maintain minimum levels of achievement on outcome measures. The intern is evaluated mid-rotation and at the end of the rotation using the *Predoctoral Psychology Internship Core Competencies Form*. The minimum threshold for satisfactory performance on all clinical competencies is expected to be at the Rating of 3 (Performance at the Entry Level for a Predoctoral Intern) or higher. To complete internship successfully, the intern must obtain a rating of "4" or higher on the Overall Rotation Competency Score on 4 of their 6 rotations. The Director of Training will monitor the intern's progress throughout the training year and will follow the procedures as defined in the *Management of Problematic Behavior and Due Process* document.

Facility and Training Resources

The interns are considered full members of the clinical staff for the purposes of all staff activities, office support, and work accommodations. Interns rotate through office spaces over the course of their training year. These offices are located near the outpatient mental health clinic, the Director of Clinical Training, and/or other supervisors. Each intern office has a PC with Windows, internet access, e-mail, and internal programs.

VAMC Hampton's medical library maintains a full line of reference materials and can provide the interns with in-depth computerized literature searches. Databases are available for accessing full-text journal articles and books. Psychologists, as well as other staff, maintain their own collection of books and media related to their area of practice.

A large battery of psychological tests, procedures, and surveys are available in an on-line computer-based program maintained by the Veterans Health Administration and readily available to each intern via their individually assigned computer terminals. The Psychology Services section of MH&BS maintains other current and up-to-date computerized and non-computerized assessment instruments and diagnostic tools.

Administrative Policies and Procedures

Grievance procedures and conflict resolution issues are specifically addressed in the Management of Problematic Behavior and Due Process document. This document is presented to applicants during their interview and to incoming interns during their initial orientation to the internship. Guidelines for all intern evaluations, disagreements, complaints, and grievances are clearly delineated, and all venues for appeal are described therein.

Statement of collecting personal information: "Our privacy policy is clear: we will collect no personal information about you when you visit our website."

The VAMC Hampton Internship Program does not require self-disclosure.

Training Staff

Jessica Ackermann Psy.D. - Virginia Consortium Program in Clinical Psychology, 2003. Internship: Virginia Treatment Center for Children, Richmond, VA. Clinical/Research Interests: Attachment Theory; Marital & Family Therapy.

Kathy Babel, Psy.D. – Virginia Consortium Program in Clinical Psychology, 2003. Internship: VA Medical Center, Hampton, VA. Primary Clinical/Research Interests: Military Sexual Trauma; Evidence-Based Psychotherapy; Supervision.

Debra Brown, Psy.D. – Virginia Consortium Program in Clinic Psychology, 2013. Internship: Eastern Virginia Medical School, Norfolk, VA. Clinical /Research Interests: Women's Health and Trauma; Posttraumatic Stress Disorder; Health Psychology; Acceptance and Commitment Therapy.

Rita Budrionis, Psy.D. – Virginia Consortium Program in Clinical Psychology, 1989; Internship: Eastern Virginia Medical School; Primary Clinical/Research Interests: Sexual Trauma/Sexual Issues (all age groups)--assessment and treatment; PTSD; Hypnosis; Psychotherapy; Chronic Mental Illness.

James Dekker, Ph.D. – Ball State University – 1983. Internship: University of Utah Counseling Center, Salt Lake City, UT. Primary Clinical/Research Interests: Substance Abuse; Post-Traumatic Stress Disorder.

Corinne Engelbert Bolander, Psy.D. – Regent University, 2012. Internship: Hefner VA Medical Center, Salisbury, NC. Primary Clinical/Research Interests: Behavioral health; Primary care psychology; Posttraumatic growth.

Stephanie Eppinger, Ph.D. University of Georgia, Counseling Psychology, 1996. Internship: U.S. Air Force, Andrews AFB, MD. Clinical/Research Interests: Dialectical Behavior Therapy; Post Traumatic Stress Disorder, Sexual Trauma.

Aaron M. Farley, Psy.D. – Regent University Program in Clinical Psychology, 2010. Internship: Spring Grove Hospital Center, Catonsville, MD. Primary Clinical/Research Interests: Neuropsychology; Time-limited Psychotherapies; Primary Care Mental Health.

Thorayya Said Giovannelli, Psy.D. – Regent University, 2012. Internship: Memphis VAMC, Memphis, TN. Clinical/Research Interests: Trauma, Diversity, GLBT issues, adjustment to medical conditions.

Curtis Greaves, Ph.D. - Virginia Polytechnic Institute and State University Clinical Psychology Program, 1996. Internship: University of Virginia Counseling Center, VA. Primary Clinical/Research Interests: Mental Health Disability Evaluations; Motivational Interviewing; Post-Traumatic Stress Disorder; Evidence-Based Psychotherapy.

Cynthia Hand, Psy.D. - Virginia Consortium Program in Clinical Psychology, 2005. Internship: VA Medical Center, Hampton, VA. Primary Clinical/Research Interests: PTSD; Evidence-Based Psychotherapy; clinical hypnosis; assessment and treatment of sexual offenders.

Hilary Harding, Ph.D. – University of Georgia, 2012. Internship: VA Medical Center, Washington, D.C. Postdoctoral Fellowship: VA Medical Center, Hampton, VA. Primary Clinical/Research Interests: Women's Mental Health, Trauma, PTSD, CBT, DBT.

Pejcharat Harvey, Ph.D. – University of North Texas, 2004. Internship: University of Delaware-Center for Counseling and Student Development, Newark, DE. Primary Clinical/Research Interests: Multicultural counseling and psychotherapy. Cultural diversity. Cultural competence, Eating Disorders.

Christina Hill, Ph.D. – Kent State University Program in Clinical Psychology, 2010. Internship: Eastern Virginia Medical School. Primary Clinical/Research Interests: Emotion; Mindfulness; Personality Disorders; PTSD; Acceptance and Commitment Therapy.

Leonard Holmes, Ph.D. – Florida State University, 1981. Internship: University of South Carolina School of Medicine, Columbia, SC. Primary Clinical/Research Interests: Health psychology; chronic pain; trauma disorders; technology and mental health.

Sarah Ingle, Ph.D. - University of North Texas, 2008. Internship: VA Medical Center, Hampton, VA. Clinical/Research Interests: Primary Care Mental Health; Psychological Assessment; Attachment Theory.

Peter Johnson, Psy.D. – Loyola University of Maryland, 2009. Internship: VA Medical Center, Hampton, VA. Primary Clinical/Research Interests: Substance Abuse Disorders; Evidence Based Psychotherapy; Humanistic Psychology; Group Psychotherapy.

Janette Mance-Khourey, Ph.D. – The University of Akron Collaborative Program in Counseling Psychology, 2012. Internship: VA Medical Center, Hampton, VA. Primary Clinical/Research Interests: integrated care, the training of integrated care providers, supervision, couple and family therapy.

John A. Mason, Psy.D. - Illinois School of Professional Psychology, 1991; Internship: Illinois State Psychiatric Institute, Chicago, IL. Primary Clinical/Research Interests: Posttraumatic Stress Disorder, Psychological Assessment, Supervision, and Outpatient Mental Health.

Harold Maxwell, Jr., Psy.D. - Virginia Consortium Program in Professional Psychology, 1990. Internship: VA Medical Center, Pittsburgh, PA. Primary Clinical/Research Interests: Substance abuse; psychotherapy with African-Americans; religion and psychology.

Marinell Miller Mumford, Ph.D. – University of Missouri at Columbia, 1991. Internship: VA Medical Center, Coatesville, PA. Primary Clinical Research Interests: Post-Traumatic Stress Disorder (combat-related); individual and group psychotherapy; systems redesign in Mental Health.

Melita Murray-Carney, Ph.D. – University of Maryland, College Park, 1994. Internship: Virginia Commonwealth University, Counseling Center, Richmond, VA. Clinical/ Research Interests: Group Therapy; Cognitive Theory; Health Psychology; Spirituality and Psychology.

Lisa Newman, Psy.D.- Virginia Consortium Program in Clinical Psychology, 2003. Internship: Broughton Hospital, Morganton NC. Primary Clinical Interests: Psychological and forensic assessment, psychotherapy (adolescents and adults), depression, anxiety, eating disorders and GLBT issues.

William Nichelson, Ph.D.-University of Tennessee, Counseling Psychology, 2010. Internship: University of Tennessee Counseling Center, Knoxville, TN. Clinical Interests: PTSD, SUD, LGBTQIA, Personality Disorders, Emotion Focused Therapy.

Kristie Norwood, Ph.D. – The University of Memphis, 2011. Internship: VA Medical Center, Hampton, VA; Primary Clinical/Research Interests: PTSD; Post deployment/Readjustment Issues among Veterans; Evidence-Based Psychotherapy; Women’s Health and trauma; Diversity Issues in Psychotherapy; Help-seeking Attitudes.

Heath Patterson, Ph.D. ---University of Alabama Program in Clinical Psychology and Law (2004). Internship: Florida State Hospital, Chattahoochee, FL. Primary clinical/research interests: assessment (more specifically malingering, personality, competency to stand trial and intelligence), criminal and civil forensic evaluations, voir dire/jury selection, courtroom testimony, evaluation of disability, teaching of undergraduates, and supervision of graduate level students.

Courtney Podesta, Psy.D. – The Virginia Consortium Program in Clinical Psychology, 2009. Internship: Johns Hopkins University Counseling Center, Baltimore, MD. Primary Clinical/Research Interests: Trauma/PTSD; Interpersonal Psychotherapy; Marital/Interpersonal Therapy; Process-Oriented Group Therapy; Issues of Identity/Sexuality; Lifespan Transitions/Adjustment; Supervision.

David Powell, Psy.D. – Virginia Consortium Program in Clinical Psychology, 2005. Internship & Fellowship: Eastern Virginia Medical School, Norfolk VA. Primary Clinical/Research Interests: Neuropsychology; Cognitive Rehabilitation; Assistive Technology; Geriatrics.

David Shaw, Ph.D. – Texas Tech University: Clinical Psychology, 1986. Internship: Pittsburgh VA Consortium, Pittsburgh, PA. Primary Clinical/Research Interests: Recovery in Mental Health, Anxiety Disorders, Behavioral Treatment of Tinnitus.

Joanne Shovlin, Psy.D. – Virginia Consortium Program in Professional Psychology, 1994. Internship: Friends Hospital, Philadelphia, PA. Primary Clinical/Research Interests: PTSD (combat); mood disorders; medical rehabilitation; geriatrics; hospice care and bereavement. Clinical orientation/interventions: Cognitive-behavioral & Psychodynamic; CPT provider; EMDR certified therapist.

Tasha Simmons, Psy.D. – Argosy University, 2007. Internship: Virginia Treatment Center for Children, Richmond, VA. Primary Clinical/Research Interests: Psychological Assessment, Forensic Psychology , and Geriatrics.

Jennifer Thiessen, Psy.D. – Rosemead School of Psychology, Biola University, 2011. Internship: VA Medical Center, Hampton, VA. Primary Clinical/Research Interests: Trauma/PTSD; Psychodynamic Psychotherapy; Attachment Theory; Acceptance and Commitment Therapy; Psychological Assessment; Supervision.

Celena Thompson, Psy.D. – Wright State University School of Professional Psychology, 1997; Internship: Eastern Virginia Medical School; Primary clinical interests: cultural competency; gender specific treatment approaches; Evidenced-based trauma treatment.

Carolyn Turnage, Ph.D. – Loyola University Chicago, 2005. Internship: Virginia Commonwealth University Counseling Service, Richmond, VA. Primary Clinical/Research Interests: Relational-Cognitive model of therapy, addiction, and sexual trauma.

Deborah Vick, Psy.D. – Virginia Consortium Program in Clinical Psychology, 2005. Internship: VA Medical Center, Hampton, VA. Primary Clinical/Research Interests: Inpatient Psychiatry; Wellness and Recovery; Outpatient Mental Health.

Alexis Zornitta, Ph.D. - Tennessee State University, 2013. Internship: VA Medical Center, Hampton, VA. Primary Clinical/Research Interests: Multiculturalism, Eating Disorders, Attachment Theory, Trauma/PTSD, and Assessment.

Trainees

2015-2016 Interns

Nicole Dutta (General Psych Emph Area), Auburn University, Clinical, Ph.D.
Mary Harlinger (IBH Emph Area), Tennessee State University, Counseling, Ph.D.
Anna Mastapha (General Psych Emph Area), University of Kentucky, Counseling, Ph.D.
Lindsay Mullan (IBH Emph Area), Fielding Graduate University, Clinical, Ph.D.
Dominique Renyer (General Psych Emph Area), Pacific University, Clinical, Psy.D.

2014-2015 Interns

Kelly Martincin (IBH Emph Area), Cleveland State University, Counseling, Ph.D.
Luke Seltzer (General Psych Emph Area), Rosemead School of Psychology, Clinical, Psy.D.
Katherine Shaw (General Psych Emph Area), Argosy -DC, Clinical, Psy.D.
Marlana Webster (IBH Emph Area), James Madison University, Clinical, Psy.D.
Laura White (General Psych Emph Area), Florida Institute of Technology, Clinical, Psy.D.

2013-2014 Interns

Catherine DeBoer (IBH Emph Area), Regent, Clinical, Psy.D.
Nicole Hofman (General Psych Emph Area), University of South Dakota, Clinical, Ph.D.
Lindsay Phebus (General Psych Emph Area), Nova Southeastern University, Clinical, Psy.D.
Tabitha Sierra (IBH Emph Area), Regent, Clinical, Psy.D.
Nicole Scaro (General Psych Emph Area), MN School of Professional Psych, Clinical, Psy.D.

2012-2013 Interns

Ashley Glover, James Madison University, Psy.D.
Alexis Pitts, Tennessee State University, Ph.D.
Blake Webster, Wichita State University, Ph.D.

2011-2012 Interns

Vanessa Handsel, University of Tennessee, Clinical, Ph.D.
Kristen Ogilvie, Wright Institute, Clinical, Psy.D.
Carol Robinson, Virginia Consortium Program in Clinical Psychology, Clinical, Psy.D.

2010-2011 Interns

Kristie Norwood, The University of Memphis, Counseling, Ph.D.
Janette Mance-Khourey, University of Akron, Counseling, Ph.D.
Jennifer Thiessen, Rosemead School of Psychology, Clinical, Psy.D.

2009-2010 Interns

Christine Lovelady, Loyola College in Maryland, Clinical, Psy.D.
Mirela Militaru, American School of Professional Psychology (Argosy), Psy.D.
Haya Soya, Florida Institute of Technology, Psy.D.

2008-2009 Interns

Peter Johnson, Loyola College in Maryland, Clinical, Psy.D.
Stephanie Nowacki-Butzen, Regent University, Clinical, Psy.D.
Mark Skellie, Georgia School of Professional Psychology, Clinical, Psy.D.

2007-2008 Interns

Brandon Bryan, Virginia Consortium Program in Clinical Psychology, Clinical, Psy.D.
Sarah Ingle, University of North Texas, Clinical, Ph.D.
April Muldrow, Virginia Consortium Program in Clinical Psychology, Clinical, Psy.D.

2006-2007 Interns

Evan Alvord, George Fox University, Clinical, Psy.D.
Abigail Craine, Virginia Consortium Program in Clinical Psychology, Clinical, Psy.D.

Stacie Otey-Scott, Regent University, Clinical, Psy.D.

2005-2006 Interns

Tonia Bagby, Chicago School of Professional Psychology, Clinical, Psy.D.
Kimberly Smeltzer, Chicago School of Professional Psychology, Clinical, Psy.D.

2004-2005 Interns

Deborah Vick, Virginia Consortium Program in Clinical Psychology, Clinical, Psy.D.
Tiffany Rogers, Georgia School of Professional Psychology, Clinical, Psy.D.

2003-2004 Interns

Ronald Field, Farleigh Dickenson University, Clinical, Ph.D.
Cynthia Hand, Virginia Consortium Program in Clinical Psychology, Clinical, Psy.D.

2002-2003 Interns

Kathy Babel, Virginia Consortium Program in Clinical Psychology, Clinical, Psy.D.
Philip Hatfield, Fielding Institute, Clinical, Ph.D.

All interns have provided consent for their names to be posted on our website.

Local Information

Hampton, Virginia, America's oldest continuous English speaking settlement and the site of the Civil War battle of the Monitor and the Merrimac, was founded in 1610 in the area of Virginia known as the "Cradle of the Nation." Within this geographical designation are the historical sites of the Jamestown Settlement, Yorktown Village and Battlefield and the restored city of Colonial Williamsburg. Nearby Newport News, the site of the world's largest shipbuilding company, together with the cities of Norfolk and Portsmouth, make up the Port of Hampton Roads, one of the finest natural harbors in the world. Virginia Beach, the renowned seashore resort, is approximately a 35 minute drive from the Center, North Carolina's Outer Banks with it's world-class fishing and beach facilities is 1½ hours to the south and Washington, D.C. lies 185 miles to the north. The College of William & Mary, Hampton University, Old Dominion University, Norfolk State University and Christopher Newport University are the major learning and academic centers located within Hampton Roads.

The mild climate, ranging from an average of 47 degrees in January to 85 degrees in July, together with a wide variety of cultural and recreational activities, make this area an exceptionally attractive one in which to work and live. The Virginia Opera (the sixth largest opera company in the country), the Virginia Waterfront International Arts Festival and the famed Hampton Jazz Festival are but a few of the many and varied events that have become an integral part of the Hampton Roads cultural scene. Hampton Roads is also home to the Chrysler Museum, the Mariner's Museum and the Virginia Beach Center for the Arts. Waterfront and seafood festivals are regularly scheduled on most summer weekends, world-class golf courses abound and the availability of water sports activities is virtually endless. Professional baseball, soccer and ice hockey are well represented and several major shopping centers are within easy reach of the Hampton Veterans Affairs Medical Center.